

**The B.B. Zeitlyn Psychotherapy Training Fund**

[www.bbzeitlyntrust.org.uk](http://www.bbzeitlyntrust.org.uk)

**Saturday 9th July 2022**

**AUTONOMIC COUNTERTRANSFERENCE:  
How we can learn from our own bodily reactions.**

**11am – 2.00pm**

Dr Rob Hale will present and discuss a recent paper exploring countertransference in all its forms as a vital tool to the understanding of our clients and patients, particularly of those with a psychopathic psychic structure.

The disturbing emotions aroused in the therapist are evoked via the autonomic nervous system. Violence provokes a sympathetic reaction, perverse sexuality a parasympathetic response; in each case this is at a largely unconscious level and thus all the more powerful. The impact on the therapeutic process is then examined both at an individual and an institutional level. My definition of a psychopath is “someone who brings out the worst in me”.

The talk will make links between suicide, violence and perversion.

**Speaker: Dr Rob Hale**

**Rob Hale**, like Bernard Zeitlyn, originally trained as a psychiatrist and psychoanalyst. He held a research post at St Mary's hospital in London where he worked closely with people who had attempted suicide. Rob Hale worked at the Portman Clinic for many years with patients who acted out in a violent or sexually deviant way. He is the co-author with Donald Campbell of *Working in The Dark: Understanding the pre-suicide state of mind*, published by Routledge in 2017.

**You can book online via Eventbrite here to attend **in person**:**

<https://www.eventbrite.co.uk/e/autonomic-countertransference-how-we-can-learn-from-our-bodily-reactions-tickets-349434326477>

Registration and Coffee from 10.30am

In the Friends' Meeting House, (next to 69A) High Street, Saffron Walden CB10 1AA

**Cost is £50.00 and includes coffee and lunch**

**You can book online via Eventbrite here to attend **online**:**

<https://www.eventbrite.co.uk/e/autonomic-countertransference-how-we-can-learn-from-our-bodily-reactions-tickets-349487906737>

Online via Zoom

**Cost is £35.00**

Or using the following form:

# BOOKING FORM

## **AUTONOMIC COUNTERTRANSFERENCE: How we can learn from our own bodily reactions.**

Saturday 9th July 2022

The Friends' Meeting House is situated in the High Street (next door to 69A) near the centre of the market town of Saffron Walden (post code CB10 1AA). There are no parking facilities at the Meeting House but parking is available on the town's Common, or at Swan Meadow – both within a 5 minute walk of the Meeting House.

Rail travel is to Audley End station on the Liverpool Street to Cambridge line (journey time from London around 50 minutes), with trains approximately every half hour. There are regular taxi services from the station to Saffron Walden, which is 2 miles from the station.

Please book..... place(s) for: AUTONOMIC COUNTERTRANSFERENCE: How we can learn from our own bodily reactions.

**Please circle one option: IN PERSON / ONLINE**

Names and addresses of people attending

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.....  
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Professional Background(s)

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Contact Telephone Number for the booking .....

Email Address .....

The completed booking form should be sent, together with a cheque (£50.00 per person for in person event and £35.00 per person for online event) made out to the **B.B. Zeitlyn Psychotherapy Training Fund**, to:

Tracy Papworth, 34 Church Road, Stow cum Quy, Cambridge CB25 9AF

If you would prefer to pay via bank transfer please contact [bbzeitlynmain@gmail.com](mailto:bbzeitlynmain@gmail.com) for our bank details.

Confirmation of your booking will be sent to you via email.

**Booking closes on Friday 8th July at 4.00pm.**

Early booking is recommended as places are limited